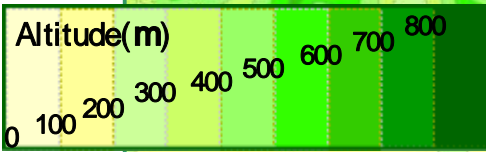


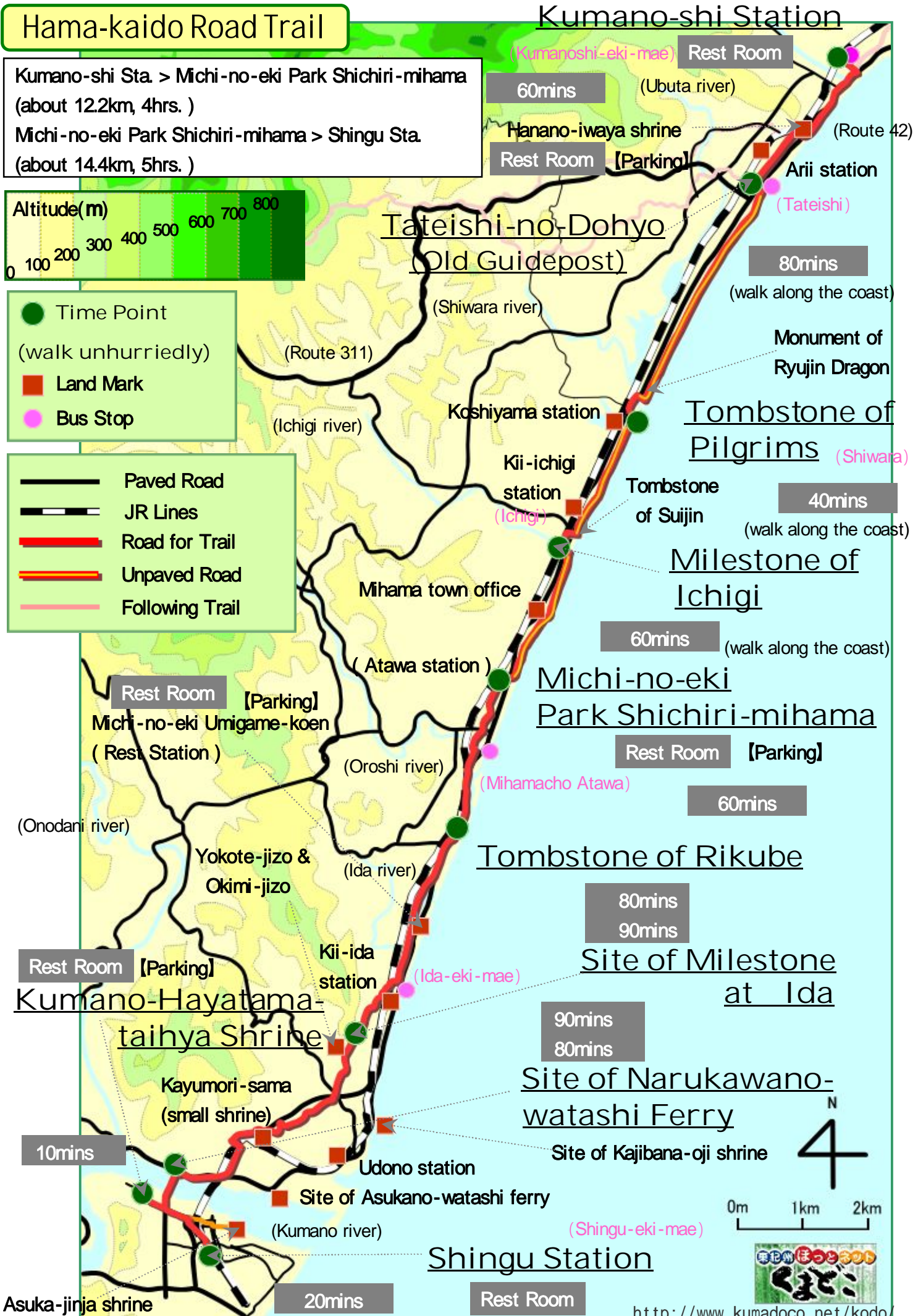
Hama-kaido Road Trail

Kumano-shi Sta. > Michi-no-eki Park Shichiri-mihama
(about 12.2km, 4hrs.)
 Michi-no-eki Park Shichiri-mihama > Shingu Sta.
(about 14.4km, 5hrs.)



- Time Point
(walk unhurriedly)
- Land Mark
- Bus Stop

- Paved Road
- JR Lines
- Road for Trail
- Unpaved Road
- Following Trail



Summary

Kumano-shi Station >>>> (even, paved road and beach, 60mins.) >>>>
Tateishi-no-Dohyo >>>> (even, paved road and beach, 80mins.) >>>>
Tombstone of Pilgrims >>>> (even, paved road and beach, 40mins.) >>>>
Milestone of Ichigi >>>> (even, paved road and beach, 60mins.) >>>>
Michi-no-eki Park Shichiri-mihama (Atawa Station) >>>> (even, paved road, 60mins.) >>>>
Tombstone of Rikube >>>> (even and slight uphill, paved road, 90mins.) >>>>
Site of Milestone at Ida >>>> (slight downhill and even, paved road, 80mins.) >>>>
Site of Narukawano-watashi Ferry >>>> (even, paved road, 10mins.) >>>>
Kumano-Hayatama-taisha Shrine >>>> (even, paved road, 20mins.) >>>>
Shingu Station

Transportation

Nagoya Station >> (2hrs. and 50mins. by JR line, Nanki-express) >> **Kumanoshi Station**
>> (3mins by JR line, local) >> **Arii Station** >> (5mins by JR line, local) >>
Koshiyama Station >> (2mins by JR line, local) >> **Kii-ichigi Station**
>> (3mins by JR line, local) >> **Atawa Station** >> (6mins by JR line, local) >>
Kii-ida Station >> (3mins by JR line, local) >> **Udono Station**
>> (5mins by JR line, local) >> **Shingu Station**

Nagoya Station >> (3hrs. and 20mins. by JR line, Nanki-express) >> **Shingu Station**

【by car】

Nagoya >> (Highway & Route 42 / 3hrs. and 30mins.) >> **Kumanoshi Station**
>> (Route 42 / 20mins.) >> **Michi-no-eki Park Shichiri-mihama** >> (Route 42 / 20mins.) >>
Kumano-Hayatama-taisha Shrine >> (5mins.) >> **Shingu Station**